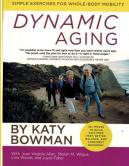
Crystal Ball Bookstore

Hi everyone. Did you know you can access prior newsletters from our website? Also, even if you do not do Facebook, it is running on our website with all the latest info. No sign in needed. www.crystalball.com.au. Yay cooler weather in sight! Regards Angi & team. Can you believe it, more packs of cards!



Lantern Oracle: Angelina Mirabito (\$35) I Am I Can Affirmations For Kids (\$20) Archangel Michael's Sword & Shield Oracle Deck (\$30)

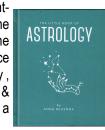
"We can only change ourselves, but that changes everything"



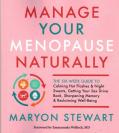
Dynamic Aging: Kathy Bowman (\$30) Simple exercises for whole body mobility. Your age may not be responsible for your aches & pains, your habits may be.. Change

how you move & change how you feel. The Little Book Of Astrology: Anna

Mckenna (\$15) Insightful introduction into the Zodiac & how the planets can influence you personally, professionally & romantically. Includes a compatibility chart.



"Don't let yourself be controlled by three things; people, money & your past"

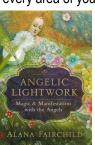


Manage Your Menopause Naturally: Maryon Stewart (\$35) Find yourself again with a natural approach to a natural transition in this 6 week guide. Covers physical

symptoms, memory, sex & wellbeing.

"Remember that sometimes not getting what you want is a wonderful stroke of luck" Dalai Lama

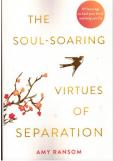
Practicing Mindfulness: Jerry Braza (\$22) Finding calm & focus in your everyday life by learning to live mindfully, moment by moment. Being mindful enhances every area of your life.



Angelic Lightwork: Alana Fairchild (\$33) Magic & manifestation with the Angels.. Receive Divine blessings, guidance & healing. Learn to attract angelic energy, create magic & bring more love & light to life.

"Courage does not mean you are not afraid, courage means you don't let fear stop you"

The Soul-Soaring Virtues of Separation: Amy Ransom (\$25) 111 learning's to heal your heart & help you fly. Re-frame the narrative that a break-up is the end & instead see it as the start of your journey to self-realisation.



"Trees are poems the Earth writes upon the sky"



sometimes ou want is a e of luck" ai Lama Practicing Mindfulness

April 2021 Newsletter

3 new books to help you through tough times



Embrace Your Power to Stay CENTERED & SUSTAINED in a Chaotic World CHREST CHAOTIC World CHREST CHAOTIC World Self-Care For Tough Times: Suzy Reading (\$24) How to heal in times of loss, anxiety

Overwhelmed

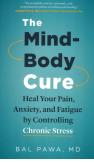
& Over It

times of loss, anxiety & change. Tool kit for releasing stuck emotions & stress from the body & rituals for sleep

Overwhelmed & Over It: Christine Arylo (\$35) Embrace your power to stay centered & sustained in a chaotic world. **Getting Through It:** Alexandra Chauran (\$33) Reclaim & rebuild your life after adversity, change or trauma. More details of these titles on our website

"Forgive others, not because they deserve forgiveness, but because you deserve peace"

The Mind-Body Cure: Bal Pawa (\$33)_Heal your pain, anxiety & fatigue by controlling chronic stress. The continuous & excessive release of stress hormones is the reason for 75% of Dr's visits. 7 natural & ef-



fective tools are offered to help you find true, lasting health.

"Hugging is the most beautiful form of communication that allows the other person to feel beyond a doubt that they matter"

<u>Trading Hours</u> 9.30am — 3pm 7 days a week! sales@crystalball.com.au

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